

2021 BALLET AVIV COMPETITION TEAM REQUIREMENTS

- 7 year olds
 1. Minimum of 2 years of ballet training
 2. Have all three splits down to the ground
 3. Have front leaps
 4. Know all basic positions
 5. Have performance experience
 6. Understands patterns and Follows directions
 7. Team Player/Understanding of team work and commitment

- 8- 9 year olds
 1. Minimum of 2 years of ballet training
 2. Have all three splits down to the ground
 3. Have front leaps
 4. Know all basic positions
 5. Have performance experience
 6. Understands patterns and Follows directions
 7. Team Player/Understanding of team work and commitment

- 10 year olds
 1. Minimum of 2 years of ballet training since age 8
 2. Have all three splits down to the ground
 3. Have all leaps
 4. Know all basic positions
 5. Have performance experience
 6. Understands patterns and Follows directions
 7. Team Player/Understanding of team work and commitment

- 11 year olds
 1. Minimum of 3 years of ballet training since age 8
 2. Have all Splits
 3. Have all leaps
 4. Know all basic positions
 5. Have performance experience
 6. Team Player/Understanding of team work and commitment

- 12 year olds
 1. Minimum of 4 years of ballet training since age 8
 2. 1 year of pointe experience
 3. Have all Splits
 4. Have all leaps
 5. Know all basic positions
 6. Have performance experience
 7. Team Player/Understanding of team work and commitment

- 13- 14 year olds
 1. Minimum of 4-5 years of ballet training since age 8
 2. 1-2 years of pointe experience
 3. Must be in level 3 level
 4. Have all Splits
 5. Have all leaps
 6. Know all basic positions
 7. Have performance experience
 8. Team Player/Understanding of team work and commitment
 - 9. Must be able to perform the following:**
 - a) Glissade grand jete
 - b) Tour jete
 - c) tombe pas de bouree
 - d) Double pirouette on one or both sides on soft shoe

- 15-19 year olds
 1. Minimum of 4 years of ballet training since age 8
 2. 1-2 years of pointe experience
 3. Must be in level 3 level
 4. Have all Splits
 5. Have all leaps
 6. Know all basic positions
 7. Have performance experience
 8. Team Player/Understanding of team work and commitment
 - 9. Must be able to fluidly perform the following:**
 - a) Glissade grand jete
 - b) Tour jete
 - c) tombe pas de bouree
 - d) Double pirouette on one or both sides on soft shoe
 - e) Pique turns across the floor
 - f) Chaine across the floor en pointe

